



(Juozas Cernius/CARE)

## PROJECT BRIEF

### SHE SOARS

#### Sexual and reproductive Health and Economic empowerment (SHE) Supporting Out-of-school Adolescent girls' Rights and Skills (SOARS)

SHE SOARS aims to improve access to Sexual and Reproductive Health (SRH) services for adolescents, particularly out-of-school adolescent girls, in Kenya, Uganda, and Zambia, and support the realization of these rights.

#### Background

Out-of-school adolescent girls are consistently left out of traditional adolescent Sexual and Reproductive Health and Rights (SRHR) programming, are difficult to reach, and often have the greatest need and least access to comprehensive sexual and reproductive health services.

The chosen intervention sites of this project—urban and semi-urban informal settlements (Kenya), rural settings (Zambia), and refugee host communities (Uganda), represent locations where the benefits of domestic legal advancements on SRHR and related health system strengthening interventions have not yet reached young people. This has left large youth populations, in particular adolescent girls, especially vulnerable as they navigate the difficult and often contradicting social norms, roles, and expectations that result in limited access to related health services.

SHE SOARS is a \$47,114,662 CAD project that aims to increase enjoyment of health-related human rights for women and girls rights holders, particularly out-of-school adolescent girls in Kenya, Uganda, and Zambia. The Project is generously funded by the Government of Canada and CARE, with volunteer in-kind contributions from the Center for Reproductive Rights and the Youth Coalition for Sexual and Reproductive Health and Rights. The project will run from July 2022 to January 2029.

**1,047,527**

CARE and partners aim to improve access to Sexual and Reproductive Health and Rights (SRHR) information and services, address gender-based inequalities, and increase decision-making power for 1,047,527 project participants, particularly for young people.

## ABOUT SHE SOARS

**SHE SOARS works alongside health care providers and key stakeholders in Kenya, Uganda and Zambia to provide evidence-based sexual and reproductive health information, address root causes of gender-based inequalities, improve health services, and work with young people, particularly girls, to increase decision-making about their lives and their bodies.**

### **SHE SOARS is committed to:**

- Increase the use of sexual and reproductive health services, such as information on Sexually Transmitted Infections (STIs), access to contraception and menstrual health management;
- Improve the delivery of sexual and reproductive health services that respond to the needs and desires of adolescents, particularly girls.
- Provide training and resources to women's and girls' rights organizations to advocate for evidence-based, accountable and equitable health and rights' policies, legal frameworks, and services.



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SHE SOARS aims to reach marginalized and vulnerable out-of-school adolescent girls with cross-cutting identities (e.g. married, mothers, single mothers, differently-abled, and Child, Early and Forced Marriage (CEFM) and Gender-Based Violence (GBV) survivors). The project will transform restrictive legal, sociocultural, religious, and political norms and structures that limit their access to quality SRHR services in Kenya, Uganda, and Zambia.



## KEY PROJECT ACTIVITIES

*At all steps of the project, adolescent girls and boys will work with the core project teams to advance youth decision-making and responsiveness of the project by ensuring that their rights, aspirations, and ideas influence program implementation twchich includes youth-led research and a SHE SOARS Youth Advisory Board.*



### Create an enabling environment for ASRHR

- Deliver comprehensive sexuality education and life skills, including access to vocational training to adolescent girls and boys.
- Challenge harmful gender norms, with a strong focus on positive masculinities and engaging men and boys as allies.
- Work with key power holders to support adolescent girls' right to bodily autonomy and decision-making.
- Deliver intergenerational training to improve communication between adolescent girls and boys and their caregivers on sensitive issues.



### Strengthen ASRH Service Provision & Health Systems

- Deliver clinical training to Health Care Providers to deliver comprehensive services that respond to adolescent girls and boys' needs, with modules to address bias.
- Work with County and District health management teams to improve planning, budgeting, and data for decision-making to improve Adolescent Sexual and Reproductive Health (ASRH) service delivery.
- Implement youth-led Community Score Cards with Health Care Providers and community members to prioritize service improvement and develop locally owned action plans specific to health services for adolescent girls and boys.



### Support national and regional ASRHR policy advocacy

- Deliver training, funding, and accompaniment of Women's rights and youth-led organizations to develop and implement national and regional Adolescent Sexual and Reproductive Health and Rights (ASRHR) advocacy strategies.



## THE SHE SOARS PROJECT AT A GLANCE

<b>PROJECT NAME:</b>	Sexual and reproductive Health and Economic empowerment Supporting Out-of-school Adolescent girls' Rights and Skills (SHE SOARS)
<b>PROJECT DONOR:</b>	Government of Canada
<b>PROJECT LIFESPAN:</b>	July 22, 2021 – January 31, 2029 (7 years)
<b>IMPLEMENTING ORGANIZATION:</b>	CARE
<b>PARTNERS:</b>	Center for Reproductive Rights Restless Development Youth Coalition for Sexual and Reproductive Health & Rights
<b>GOVERNMENT PARTNERS:</b>	Government of Kenya Government of Uganda Government of Zambia
<b>PROJECT ULTIMATE OUTCOME:</b>	To increase enjoyment of health-related human rights for the most marginalized and vulnerable women and girls' rights, particularly out-of-school adolescent girls in Kenya, Uganda, and Zambia.
<b>COMMUNITIES TARGETED:</b>	Kisumu, Nairobi, Kajiado and Siaya counties, Kenya Kampala, Terego, Madi-Okollo and Arua districts, Uganda Chadiza, Kasenengwa, and Mambwe districts, Zambia
<b>REACH OF PROJECT:</b>	Direct: 189,922 adolescent girls and 50,646 adolescent boys, 306,090 women and 78,504 men  Indirect: 12,661 adolescent girls and 151,938 adolescent boys, 10,406 women and 235,513 men

**For questions, please reach out to:***Sarah MacIndoe*

Program Manager, Global Programs

[sarah.macindoe@care.ca](mailto:sarah.macindoe@care.ca)